

Creative Problem Solving

What's in it for you?

This three hour workshop aims to help delegates explore creative ways to solve problems. You will try out practical tools and techniques to help you manage your workload by 'thinking outside of the box'.

What you will get out of it

By attending the workshop you will:

- Explore the problem solving and decision making framework.
- Study the four question method to enhance your effectiveness in problem solving and decision-making.
- Understand the creative process.
- Explore creative problem solving tools of:
 - De Bono's thinking hats
 - Absurdity/intrigue approach
 - Mind mapping
- Practice and apply the techniques during the workshop.

Key Themes

- Distinguishing Real from Imagined problems
- Knowing how to get to the heart of the matter quickly
- Using simple creativity approaches to solve and resolve problems

What's Involved

You will spend three hours taking a fun look at how to plan your workload and solve problems in a creative way.

We will work through a range of practical activities aimed at helping you broaden your thinking on how to work efficiently.

A short skill building session will help you to apply the 'habits' to specific situations you encounter.

**“The mind is an iceberg – it floats with one
– seventh of its bulk above water”** SIGMUND FREUD